



RETHINKING MENTAL HEALTH:

A New Perspective on Improving Social-Emotional, Behavioral, and Mental Wellness

OCTOBER 2 2013

UTICA NEW YORK

RADISSON HOTEL UTICA CENTRE
200 GENESEE STREET

SPECIAL RATE \$89/NIGHT
1-315-797-8010

A one-day symposium for clinicians, educators, researchers, students, and parents.

Featuring

Dr. Peter Breggin M.D. & Robert Whitaker

Presentation topics will include:

- EMPATHIC THERAPY
- TRAUMA
- LONG-TERM EFFICACY STUDIES
- PSYCHIATRIC MEDICATIONS
- DSM—ADHD, BIPOLAR, ODD
- PEER SUPPORT
- SOCIAL-EMOTIONAL LEARNING
- NUTRITION
- SAFE & EFFECTIVE APPROACHES

WE MUST DO BETTER



TOGETHER WE CAN

CONFERENCE SCHEDULE

REGISTRATION	8:30-9:00 AM
MORNING SESSIONS	9:00-11:30 AM
LUNCH	11:30-1:00 PM
AFTERNOON SESSIONS	1:00-4:30 PM

REGISTER ON-LINE

www.2013conference-utica.eventzilla.net

Confirmed Speakers at 2013 Conference



Robert Whitaker has won numerous awards as a journalist covering medicine and science, including the George Polk Award for Medical Writing and a National Association for Science Writers' Award for best magazine article. In 1998, he co-wrote a series on psychiatric research for the *Boston Globe* that was a finalist for the Pulitzer Prize for Public Service. *Anatomy of an Epidemic* won the 2010 Investigative Reporters and Editors book award for best investigative journalism. During the past few years, Robert has been speaking internationally at conferences as well as to groups such as NAMI, American Psychiatric Association, and numerous others.



Peter Breggin M.D. is Founder and Director of the Center for the Study of Empathic Therapy, and a psychiatrist in private practice. Dr. Breggin has been called "the Conscience of Psychiatry" for his efforts to reform the mental health field, including his promotion of caring psychotherapeutic approaches and his opposition to the escalating overuse of psychiatric medications. He is a Harvard-trained psychiatrist and former full-time consultant at NIMH and the author of many scientific articles and books including, *Toxic Psychiatry* and *Brain-Disabling Treatments in Psychiatry*.



Kevin Miller is a writer & film maker who has been producing documentaries since the late 1980s. "Generation Rx" is an award winning documentary that examines the dramatic cultural shift that has taken place in our country and elsewhere, involving the use of psychiatric medication with youth. Mr. Miller has won a dozen international film and television awards, in addition to acclaim he has received for his writing.



Laura Delano is a psychiatric survivor who writes about her thirteen years of psychiatric indoctrination beginning at the age of fourteen, how she woke up in 2010, and what it's been like to come off psychiatric drugs, leave the "mentally ill" identity behind, and rediscover herself and her connection to the world.



Sera David devotes much of her time to the Western Massachusetts Recovery Learning Community (www.westernmassrlc.org), which includes Afiya (www.afiyahouse.org), one of about 13 peer respites in the United States. She is also an active part of Hearing Voices USA (www.hearingvoicesusa.org) and a regular blogger on Mad in America (www.madinamerica.com). Sera herself entered the mental health system as a teenager and cites 'non-compliance' as a part of what saved her from a very different path through life that surely would not have included the freedom she now enjoys from all psychiatric labels and medications. Sera is also a mother of two wonderful children, a wife, a filmmaker, and an activist.

Michael Gilbert Psy.D. has worked in human services for the past 24 years, including foster care, group home, and hospital settings. In addition, he has worked as a school psychologist within Syracuse City Schools as well as adjunct professor at local colleges. In 2000, he founded "It's About Childhood & Family, Inc.," a not-for-profit clinical and resource center. Recently, he launched the *Inner Wealth Initiative* in Central New York as a grassroots movement to provide families an alternative to the traditional mental health system. In addition to lecturing extensively he has advocated for and conducted research evaluating non-medication and non-labeling approaches for families with children exhibiting challenging behaviors often diagnosed as ADHD, ODD, and Bipolar. Dr. Gilbert is on the Board of Directors for the International Society for Ethical Psychology & Psychiatry (ISEPP) as well as the annual conference chairperson.

Jennifer Kinzie is a Licensed Mental Health Counselor at Integrative Counseling Services, a Visiting Professor at Cazenovia College and a Survivor of trauma in both childhood and adulthood. Jennifer works and teaches from an empowerment/strengths based approach to social, emotional and behavioral distress. Jennifer is the parent of two beautiful adolescents, and it is her mission to create a more culturally, socially, economically, and politically appreciative "mental health" system that helps people heal and flourish.

Rita Cronise is an advanced level WRAP (Wellness Recovery Action Plan™) facilitator. Previously, she was an award-winning freelance instructional designer for more than two decades with Fortune 500 clients like Xerox and Kodak. Recently, Rita developed a training curriculum for peer specialists for the SAMHSA-Funded Recovery to Practice project and she has participated on a committee through the International Association of Peer Supporters (iNAPS) to develop Practice Guidelines for the emerging field of peer support providers.

REGISTRATION with form below or on-line at www.2013conference-utica.eventzilla.net

REGISTRATION RATES (includes lunch)

	Student (w/ ID) - \$35	
Before 9/2	Individual Registration - \$55	Make Checks Payable to: IACAF, INC. PO BOX 281 Jamesville NY 13078
	Group Rate (3+) - \$50 each	
After 9/2	Individual Registration - \$65	
	Group Rate (3+) - \$55 each	

Name: _____ Organization: _____

Address: _____

Email Address: _____ Phone: _____