



PRESCRIBER SERVICES
Patient Information for Your Consideration

MEDICATION NONADHERENCE THERAPY ADVISORY

4/2/18 **THIS IS NOT A REQUEST FOR A PRESCRIPTION**

For comments fax toll-free 1-866-310-4097

No reply to this communication is necessary

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Dear Dr. PETER BREGGIN or Appropriate Staff:

PATIENT INFORMATION	
Name	[REDACTED]
Birth Date	[REDACTED]
QUETIAPINE 25MG	Based on retail and mail prescription fill dates

CVS Caremark administers the prescription benefit portion of the health plan for your patient identified above. A review of your patient's retail and mail prescription history indicates that the patient has not obtained his or her first refill. Consider discussing your patient's therapy to reinforce that nonadherence to his or her medication regimen could lead to a hospital or emergency room visit, or death.^{1,2} The full benefits of medication may not be seen if the patient is not taking it as prescribed. **If your patient requests more information about his/her medication, you may refer him/her to log into www.caremark.com and click on "Drug Reference & Interactions" under the "Health Resources" tab.**

If you have recently changed or plan to change the patient's medication therapy, please disregard this communication.

Please consider discussing the following with your patient:

Some common reasons why patients may stop taking their medicine are because they: ^{1(WHO 2003 p166,167)}

- Can't afford it. Consider a generic alternative, if applicable
- Forget to take it
- Don't like the side effects
- Are unclear about what medicine they are taking
- Don't understand the long-term consequences of not managing their condition

Comments _____

Sincerely,
Clinical Services
CVS Caremark

[REDACTED]

Plan member privacy is important to us. Our employees are trained regarding the appropriate way to handle our plan members' private health information.

References: 1. Peterson AM, Takiya L, Finley R. Meta-analysis of trials of interventions to improve medication adherence. *AM J Health Syst Pharm.* 2003;60(7):657-665. 2. Lewis A. Non-compliance: A \$100 billion problem. *Remington Report.* 1997;5(4):14-15.3. World Health Organization, 2003. Adherence to long-term therapies - Evidence for Action. Available at: http://www.emro.who.int/ncd/Publications/adherence_report.pdf. Accessed May 25, 2017.

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[REDACTED]

[REDACTED]

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