"Michelle Conters LG Phone Timeline, Book I" In each exchange, "Outgoing"
calls are from Michelle and "Incoming" calls are from a friendi

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704 1	SMS Messages	Outgoing	3/30/2014 9:14:05 PM(UTC-4)	То:	Okay well I've also been dealing-with cutting and I'm trying to stop but it's hard-for me
704 2	SMS Messages	Incoming	3/30/2014 9:19:07 PM(UTC-4)	From:	I saw your arm the other day I just didn't say anything
704 3	SMS Messages	Outgoing	3/30/2014 9:19:41 PM(UTC-4)	To:	When? SAW AL A
704 4	SMS Messages	Outgoing	3/30/2014 9:23:15 PM(UTC-4)	То:	I wanted to tell you now so that in case you ever did see them you'd know and wouldn't be freaked out
704 5	SMS Messages	Incoming	3/30/2014 9:24:12 PM(UTC-4)	From:	When me u and were talking

,		outgoing	4/10/2014	To:	I'm sопу	
786	Messages	Incoming	8:08:27 PM(UTC-4) 4/10/2014	From:	Sorry?	
7	Messages	liteothing	8:09:38 PM(UTC-4)	Prom.	Sury :	
786 3	SMS Messages	Outgoing	4/10/2014 8:09:45 PM(UTC-4)	To:	Yeah	
786 9	SMS Messages	Incoming	4/10/2014 8:11:13 PM(UTC-4)	From:	For what??	134
787)	SMS Messages	Outgoing	4/10/2014 8:15:36 PM(UTC-4)	То	When we were at your locker something in your face changed. What was wrong?	
787 1	SMS Messages	Incoming	4/10/2014 8:17:09 PM(UTC-4)	From:	You've been cutting yourself more	
787 2	SMS Messages	Outgoing	4/10/2014 8:19:01 PM(UTC-4)	To:	I thought it was that. I was gonna tell you that I've actually been cut free for a week now but then them came. Those were scars	
787 3	SMS Messages	Incoming	4/10/2014 8:19:47 PM(UTC-4)	From:	Ohhh gotcha	
787 4	SMS Messages	Incoming	4/10/2014 8:20:04 PM(UTC-4)	From-	Michelle I'm really sorry I wasn't there for you when you needed me	
787 5	SMS Messages	Incoming	4/10/2014 8:20:46 PM(UTC-4)	Fron	I've noticed you've been talking to lead and it seems like she's helping you I love being your friend it was just really overwhelming seeing you hurt yourself and I didn't know what to do or say	
787 6	SMS Messages	Outgoing	4/10/2014 8:26:56 PM(UTC-4)	То:	No it's okay don't be sorry I understand. I realize that it was overwhelming for you and that's why I kinda stopped texting you about it be cause I fell like I annoyed you and overwhelmed you. I didn't want you to feel that way anymore you dont deserve it, especially with the volleyball tournament and icdc coming up. I didn't wanna stress you out more. And yeah has been helping me with eating and stuff and I told her about the cutting because I felt like if I kept telling you about it and asking for help then you'd turn out like and I love you too much to lose you	
787	SMS Messages	Incoming	4/10/2014 8:32:51 PM(UTC-4)	From:	Don't worry I'm still your friend! But I gtg! Bye for nowww	